



Wilderness Hiking Course

Grades 6–12 and Adults • See Dates Below



Balboa Campus

Hike Location: Mission Trails

Saturday, Sept. 16

Instructor: Marilyn

Sunday, Nov. 5

Instructor: Josie

Saturday, Dec. 2

Instructor: Kevin

Sunday, Dec. 3

Instructor: Lisa

Sunday, Jan. 21

Instructor: Val

Imperial Valley/Brawley

Hike Location: Salton Sea

Saturday, Sept. 30

Instructor: Anna

Escondido Program Center

Hike Location: Kit Carson Park

Saturday, Jan. 20

Instructor: Marilyn

Take the first step in your wilderness adventure! Designed for individuals, our three-step progression safely takes Girl Scouts and adults out of the campground and into the woods. Wilderness Hiking covers outdoor skills and knowledge and is a prerequisite for the Basic Backpacking course and Advanced Backpacking trips. Spend your morning in the classroom and your afternoon on the trail learning about safety, proper gear and equipment, the Leave No Trace ethic, and building independence in Girl Scouts. This class lays a strong foundation for more extraordinary adventures.

Cost: Registration is \$35/individual and includes course materials and a “10 Essentials” starter kit. Refunds are available only when Girl Scouts San Diego cancels event. Financial assistance is available.

Meetings: There is a classroom portion, and then we move to local trails for a short hike. Total time of course is roughly eight hours.

Register at sdgirlscouts.org/backpacking at least one month before course.

Questions: Contact Kelly Nelson at 619-610-0831 or knelson@sdgirlscouts.org



Basic Backpacking Course

Grades 7-12 And Adults • See Dates Below



Upcoming Classes

Salton Sea Rock Hill 2023

Instructor: Anna Iadevaia

Class: Oct. 29, Imperial Valley Day

Hike: Nov 4, Salton Sea

Trip: Nov. 18-19

Cuyamaca Granite Springs 2024

Instructor: Lisa Sanchez

Class: TBD, Balboa Campus

Day Hike: TBD

Trip: April 20-21

Eagle Rock 2024

Instructors: Josie Burye & Val Ross

Class: April 13, Balboa Campus

Day Hike: April 14, Laguna Meadows

Trip: May 4-5

Eagle Creek 2024

Instructor: Marilyn Sedlund

Class: May 11, Balboa Campus

Day Hike: June 1, Laguna

Trip: June 15-16

The second part of our three-step wilderness progression, designed for individuals, teaches everything you need to know to begin a multi-night outdoor adventure. Gain the knowledge you'll need to make important decisions about gear, clothing, and trip planning, then hit the trail to practice and hone your skills.

Cost: Registration is \$40/individual and covers insurance and permits. Backpackers also need to contribute toward transportation, food, and equipment rental/purchase expenses.

Prerequisite: Successful completion of GSSD's Wilderness Hiking Course.

Meetings: Pre-trip planning meetings include any shown plus other dates TBD. Class and day hike: 8:30 a.m.–5:30 p.m. Participants must complete all segments of training (class, day hike, overnight trip) to earn Basic Backpacking credit.

Register at sdgirlscouts.org/backpacking at least one month before

Questions: Contact Kelly Nelson at 619-610-0831 or knelson@sdgirlscouts.org



Advanced Backpacking Course

Grades 8-12 and Adults • See Dates Below



Upcoming Trips

TBD-Moderate Advanced

Instructor: Anna Iadevaia

Trip Dates: June 2024

Big Pine Lakes - Easy Advanced

Instructor: Lisa Sanchez

Trip Dates: July 10-14, 2024

Cottonwood Lakes - Easy Advanced

Instructor: Kevin Hill

Trip Dates: July 17-21, 2024

High Passes: Pioneer Basin-Silver Divide - Moderately Difficult

Instructor: Val Ross

Trip Dates: Aug. 3-11, 2024

PREREQUISITES

Successful completion of GSSD's Wilderness Hiking Course and Basic Backpacking Course, First Aid and CPR certified

Explore the wonders of the wilds with the third step in our wilderness training. This program, designed for individuals, safely takes Girl Scouts and adults on unforgettable adventures. Enjoy the majesty of nature, along with the camaraderie of fellow backpacking enthusiasts while building higher-level skills. As an advanced backpacker, take an active role in the trip planning process, making decisions as a group and mapping out your adventures.

Cost: Registration is \$40/individual and covers insurance and permits. Backpackers also need to contribute toward transportation, food, and equipment rental/purchase expenses. Financial assistance is available.

Meetings: Pre-trip planning meetings include any shown plus other dates TBD. For the safety of everyone, all participants must attend all pre-trip dates in order to attend the trip.

Register at sdgirlscouts.org/backpacking at least one month before course

Questions: Contact Kelly Nelson at 619-610-0831 or knelson@sdgirlscouts.org